

# LEXINGTON & RICHLAND COUNTY Community Resource Guide



2016-2017

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# LRADAC

# Community Services

## **Mission:**

LRADAC creates and supports pathways for prevention and recovery from substance misuse for individuals, families and communities.

## **Vision:**

LRADAC builds a community that embraces recovery and strives to become the preferred provider of substance misuse prevention, intervention and treatment services.

## **Community Services Mission:**

The mission of Community Services is to serve all community sectors in Richland and Lexington Counties through awareness, collaboration, and implementation of innovative, data driven strategies to achieve a reduction in access, use and consequences of substances across the life span.



# signs & symptoms

## note:

Not all of the following signs and symptoms mean someone is using substances, but they are a warning that further investigation may be necessary.

- Changes in friends
- Negative changes in schoolwork, missing school, or declining grades (the same in regard to work performance)
- Increased secrecy about possessions or activities
- Use of incense, room deodorant or perfume to hide smoke or chemical odors
- Subtle changes in conversations with friends, e.g. more secretive, using “coded” language
- Change in clothing choices: new fascination with clothes that highlight drug use
- Increase in borrowing money
- Evidence of drug paraphernalia such as pipes, rolling papers, etc.
- Evidence of use of inhalant products (such as hair-spray, nail polish, correction fluid, common household products); Rags and paper bags are sometimes used as accessories
- Bottles of eye drops, which may be used to mask bloodshot eyes or dilated pupils

## AM I ADDICTED TO ALCOHOL?

This is a simple 4-question self-test that may help you become aware of your use or misuse of alcohol. This test specifically focuses on alcohol use, and not on the use of other drugs.

- 1) **Have you ever felt you needed to cut down on your drinking?**
- 2) **Have people annoyed you by criticizing your drinking?**
- 3) **Have you ever felt guilty about drinking?**
- 4) **Have you ever felt you needed a drink first thing in the morning to steady your nerves or get rid of a hangover?**

If you answered “yes” to two or more questions, this is considered to be significant and may indicate alcohol dependence.

**fact:**

**About 4 in 10 people who begin drinking before the age of 15 eventually become alcoholics.**

U.S. Department of Health and Human Services *The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking.* Rockville, MD: Office of the Surgeon General; 2007



## CHILD/FAMILY SUPPORT SERVICES

### **Lexington Department of Social Services (DSS)**

1070 South Lake Drive Suite A  
Lexington, SC 29072  
(803) 785- 7333  
[www.dss.sc.gov](http://www.dss.sc.gov)

### **Richland County DSS**

3220 Two Notch Road  
Columbia, SC 29204  
(803) 714-7300  
[www.dss.sc.gov](http://www.dss.sc.gov)

DSS can help you and your family meet your basic needs. It offers a range of services to help you become healthy and self-sufficient.

#### **Services/Programs:**

- Adoption
- Foster Care
- Child Care
- Child Support Enforcement
- Family Assistance
- Father Registry
- Food Assistance
- Disaster Response
- Child and Adult Protection
- Domestic Violence

### **Lexington County Health Department**

1070 B South Lake Drive  
Lexington, SC 29073  
(803) 785-6550

### **Richland County Health Department**

200 Hampton Street  
Columbia, SC 29204

(803) 576-2980

Each health department promotes and protects the health of the public.

#### **Services/Programs:**

- Immunizations
- STD/HIV Treatment & Prevention
- Environmental Health
- WIC
- Vital Records
- Child Health
- Home Health Services
- Nutrition Services
- Social Work Services

### **Family Service Center**

2712 Middleburg Drive, Suite 207-A  
Columbia, SC 29204  
(803) 733-5450  
[www.fsconline.org](http://www.fsconline.org)

Family Service Center helps individuals and families grow stronger, healthier and happier. A multi-service non-profit agency offering diverse programs including family support, financial and housing education and counseling, health & wellness, and career and workforce development.

### **Community Action**

650 Knox Abbot Drive  
Cayce, SC 29033  
(803) 794-6778

Provides assistance with rent, utilities, prescriptions and aid to the homeless.

## COUNSELING & MENTAL HEALTH SERVICES

### **Three Rivers Behavioral Health**

2900 Sunset Boulevard  
West Columbia, SC 29169  
(803) 796-9911  
[www.threeriversbehavioral.org](http://www.threeriversbehavioral.org)

Provides in-patient and outpatient services to adolescents, adults and seniors for psychiatric and substance abuse related illness.

### **Insights Educational & Treatment Services, Inc.**

285 Cedarcrest Drive  
Lexington, SC 29072  
(803) 808-1221  
[www.insightservices.com](http://www.insightservices.com)

1441 St Andrews Road  
Columbia, SC 29210  
*For Appointments: (803) 750-8444*

Insights is a licensed outpatient treatment center with a variety of behavioral programs operating in Richland and Lexington Counties. Insights provides outpatient prevention, intervention and treatment services, offered in a group format, class/instructional format and individual counseling.

### **Lexington County Community Mental Health Center**

***Adult & Emergency Services***  
301-A Palmetto Park Blvd.  
Lexington, SC 29072  
(803) 359-3545

### ***Child, Adolescent & Family Services***

305 Palmetto Park Boulevard  
Lexington, SC 29072  
(803) 359-7206

### **Columbia Area Mental Health Center**

2715 Colonial Drive  
Suite 106  
Columbia, SC 29203  
(803) 898-4800

The S.C Department of Mental Health gives priority to adults, children and their families affected by serious mental illnesses and significant emotional disorders. It is committed to eliminating stigma and promoting the philosophy of recovery, to achieving its goals in collaboration with all stakeholders, and to assuring the highest quality of culturally competent services possible.

### **Hidden Wounds**

***Mailing Address***  
4840 Forest Drive  
Suite 6B, #317  
Columbia, SC 29206  
(803) 403-8460

Provides peace of mind and comfort for military personnel suffering from combat stress injuries such as PTSD, TBI and other psychological post-war challenges until such time as the Veteran's Administration or the Veteran's Affairs agencies are prepared to deliver long-term services to clients.

## CRISIS & EMERGENCY SERVICES

### **United Way of the Midlands**

1800 Main Street  
PO Box 152  
Columbia, SC 29202  
(803) 733-5400 or (803) 733-5408 for  
the 211 Help Line  
[www.uway.org](http://www.uway.org)

The mission of United Way of the Midlands is simple: "We unite people and resources to improve the quality of life in the Midlands."

### **Sexual Trauma Services**

3830 Forest Drive  
Suite 201  
Columbia, SC 29204  
(803) 790-8208  
(803) 771-7273 (24/7 hotline)  
[www.stsm.org](http://www.stsm.org)

Serves as a clinical, educational and outreach center for sexual abuse and trauma issues through a team of committed professionals and volunteers dedicated to the health and healing of the total victim through prevention, treatment and advocacy. The services are free and confidential. Provides individual and group counseling as well as legal advocacy.

### **The Cooperative Ministry**

3821 West Beltline Boulevard  
Columbia, SC 29204  
(803) 799-3853  
[www.coopmin.org](http://www.coopmin.org)

Emergency Assistance: Provides financial assistance for rent, utilities and medical bills. Provides clothing and furniture to families, as well as donated vehicles to families in need of transportation.

### **American Red Cross**

2751 Bull Street  
Columbia, SC 29202  
(803) 540-1200  
[www.redcross.org/sc/columbia](http://www.redcross.org/sc/columbia)

Provides relief to victims of disaster and helps people prevent, prepare for, and respond to emergencies.

### **Sistercare of the Midlands**

PO Box 1029  
Columbia, SC 29202  
(803) 926-0505  
(803) 765-9428 (crisis line)  
[www.sistercare.com](http://www.sistercare.com)

Provides services to battered women and their children residing in Fairfield, Kershaw, Lexington, Newberry and Richland counties in South Carolina.



## EDUCATION & EMPLOYMENT SERVICES

### **Lexington Department of Employment and Workforce**

671 Main Street  
West Columbia, SC 29170  
(803)359-6131  
www.scworks.org

Provides quality, customer-driven workforce services that promote financial stability and economic growth.

### **Vocational Rehabilitation**

*Lexington*

1330 Boston Ave.  
West Columbia, SC 29072  
OR

*Richland*

516 Percival Road  
Columbia, SC 29206  
(803) 896-6333  
www.scrvd.et

Serves people who want to work but are hindered from doing so by a physical or mental disability.

### **Community Resource Center**

#### **LRADAC**

1068 South Lake Drive  
Lexington, SC 29072  
OR  
2711 Colonial Drive  
Columbia, SC 29203  
(803) 726-9411  
www.lradac.org

A lending library offering alcohol, tobacco and other drug information, parenting techniques, skills for building self

-esteem, positive peer pressure, and other resources dealing with community prevention issues.

### **Nehemiah Project**

(803)231-3300  
www.thenehemiahprojectinc.org

Applies a Christ-centered approach to meeting the needs of young people in the community through prayer times, bible studies and after school programs.

### **Richland County Library**

1431 Assembly Street  
Columbia, SC 29201  
(803) 231-6383

Library Social Workers are a group of professionals whose mission is to promote, develop, protect, and seek to enhance the effective functioning and well-being of individuals, families and communities through its work and advocacy. Services Include:

- Affordable Care Act
- Medicaid
- SNAP (food stamps)
- Vision/Dental Needs
- Medicare Rx Assistance
- FAFSA
- Voter Registration
- Housing
- Legal Assistance
- Veteran Benefits
- Food (including vouchers)
- Employment

## FINANCIAL, FOOD, CLOTHING & HOUSING

### **Family Shelter**

2411 Two Notch Road  
Columbia, SC 29202  
(803) 771-7040  
www.columbiafamilyshelter.org  
familysh@bellsouth.net

A private, non-profit agency located in Columbia, SC. The Family Shelter's central mission is to provide temporary emergency housing and supportive services to homeless families in order to enable them to transition to permanent housing and a stable family life. Exclusively for Families.

### **His House Ministries**

The Oak Tree Mission  
520 & 522 Center Street  
West Columbia, SC 29169  
(803) 791-0336  
hishouseesc.org

Provides a nighttime shelter, food, toiletries, and clothing for transient, homeless men.

### **Christ Central Ministries**

Provides lodging, food and assistance to help meet the needs of the participants.  
www.christcentralministries.org

### *Samaritan's Well*

*(Shelter for Women and Children)*  
129 Gibson Ct.  
Lexington, SC 29072  
(803) 785-4357

*Christ Central Soup Kitchen*  
2401 North Main Street  
Columbia, SC 29201

### *Hannah House*

*(Shelter for Women and Children)*  
1726 Sumter Street  
Columbia, SC 29201  
(803) 771-4357

*Christ Central has many more locations. Call or visit their website.*

### **Lexington Interfaith Community Services**

216 Harmon Street  
Lexington, SC 29072  
(803) 957-6656  
(803) 359-6838  
www.licssc.org

Provides assistance to individuals and families who are emerging from hurting situations by providing basic needs and by creating environments which allow people to make hopeful life changes.

### **Lexington County Housing Authority**

919 Bluff Road  
Columbia, SC 29201  
(803) 254-3886

Provides affordable housing to individuals and families in Lexington County.

## FINANCIAL, FOOD, CLOTHING & HOUSING

### **Columbia Housing Authority**

1917 Harden Street  
Columbia, SC 29204-1015  
(803) 254-4432

### **Harvest Hope Food Bank**

2220 Shop Road  
Columbia, SC 29210  
(803) 254-3886

### **Sharing God's Love**

147 Friarsgate Boulevard  
Irmo, SC 29063  
[www.sharinggodsllove.net](http://www.sharinggodsllove.net)

Local cooperative ministry working  
with families to meet basic needs.

### **Goodwill**

[www.goodwillsc.org](http://www.goodwillsc.org)  
Greater Columbia (803) 733-1130

Training, Job Center, Donations,  
Clothing

### **Bethlehem Baptist**

(803) 254-5651  
Columbia, SC  
Referrals needed from Cooperative  
Ministries– Food only

### **Cooperative Ministries**

(803) 799-3853  
Columbia, SC  
Clothing & Food Assistance

### **First Nazareth Foundation**

(803) 254-6263  
Columbia, SC  
Food only– Saturdays 10 a.m. to 2  
p.m.

### **Washington Street**

United Methodist Church  
(803) 256-2417  
Columbia, SC  
Soup kitchen Monday– Friday 10:45  
a.m. until 12 p.m.

## HEALTH CARE/ SPECIAL NEEDS SERVICES

### **Lexington Medical Center**

2720 Sunset Blvd.  
West Columbia, SC 29169  
(803) 791-2000  
www.lexmed.com

### **Palmetto Health Baptist**

Taylor at Marion Street  
Columbia, SC 29220  
(803) 269-5010  
www.palmettohealth.org

### **Palmetto Health Richland**

5 Richland Medical Park Drive  
Columbia, SC 29203  
(803) 434-7000  
www.palmettohealth.org

### **Palmetto Health Children's Hospital**

7 Richland Medical Park Drive  
Columbia, SC 29203  
(803) 296-5437

### **Richland/Lexington Disabilities and Special Needs**

420 Rivermont Drive  
Columbia, SC 29210  
(803) 252-5179  
www.rldsnb.org

Supports people with autism, mental retardation and related disabilities, head injuries, spinal cord injuries and similar disabilities and promotes their pursuit of life goals and their presence, participation, and inclusion in the community.

### **Eau Claire Cooperative Health Centers Five Points Pediatrics, Laurel Medical**

### **Practice, & Waverly Family Practice**

1228 Harden Street  
Columbia, SC 29204  
(803) 252-5259  
(803) 748-1181  
www.ecchc.org

### **Brookland-Cayce Medical Practice**

115 State Street  
Cayce, SC 29033  
(803) 939-0174

### **Brookland Community Pediatrics**

500 North 12th Street  
West Columbia, SC 29169  
(803) 217-0415

### **Eau Claire Behavioral Medicine**

4605 Monticello Road Building B, Suite 1  
Columbia, SC 29203  
(803) 714-0266

### **Wm. Jennings Bryan Dorn VA Medical Center**

6393 Garners Ferry Road  
Columbia, SC 29209  
(803) 776-4000

### **Federation of Families for Children's Mental Health of SC**

810 Dutch Square Blvd Ste 205  
Columbia, SC 29210  
(803) 772-5210  
www.fedfamsc.org

Provides information, training and support for families of children who have been identified with or are at risk of developing and emotional or behavioral disorder.

## LAW ENFORCEMENT AGENCIES

### **Lexington County Sheriff's Department**

521 Gibson Road

Lexington, SC 29072

(803) 785-8230

[www.lex-co.com/sheriff](http://www.lex-co.com/sheriff)

[www.townofirmosc.com](http://www.townofirmosc.com)

### **Lexington Police Department**

111 Maiden Lane

Lexington, SC 29072

(803) 359-6260

[www.lexsc.com](http://www.lexsc.com)

### **Alcohol Enforcement Team (AET)**

2711 Colonial Drive

Columbia, SC 29203

(803) 726-9335

[www.lradac.org](http://www.lradac.org)

### **Pine Ridge Police Department**

2757 Fish Hatchery Road

West Columbia, SC 29172

(803) 755-2500

### **Batesburg-Leesville Police Department**

666 West Columbia Avenue

Batesburg, SC 29006

(803) 532-4408

[www.batesburg-leesville.org](http://www.batesburg-leesville.org)

### **Pelion Police Department**

1010 Main Street

Pelion, SC 29123

(803) 785-2521

### **Cayce Department of Public Safety**

1800 12th Street Extension

Cayce, SC 29033

(803) 794-0456

[www.caycedps.net](http://www.caycedps.net)

### **South Congaree Police Department**

119 West Berry Road

West Columbia, SC 29172

(803) 755-2760

[www.southcongarree.org](http://www.southcongarree.org)

### **Chapin Police Department**

103 Columbia Avenue

Chapin, SC 29036

(803) 345-6443

[www.chapinsc.com](http://www.chapinsc.com)

### **Springdale Police Department**

2915 Platt Springs Road

Springdale, SC 29170

(803) 796-3160

### **Columbia Metro Airport Police**

3030 Aviation Way

West Columbia, SC 29170

(803) 822-5025

### **Swansea Police Department**

300 West 3rd Street

Swansea, SC 29160

(803) 791-1880

### **Irmo Police Department**

PO Box 406

Irmo, SC 29063

(803) 781-8088

### **West Columbia Police Department**

200 N. 12th Street

West Columbia, SC 29169

(803) 791-1800

## LAW ENFORCEMENT AGENCIES/ LEGAL

### **RICHLAND LAW ENFORCEMENT:**

#### **Richland County Sheriff's Department**

5263 Two Notch Road  
Columbia, SC 29223  
(803) 576-3000  
[www.rcsd.net](http://www.rcsd.net)

#### **Columbia Police Department**

#1 Justice Square  
Columbia, SC 29201  
(803) 545-3500  
[www.columbiapd.net](http://www.columbiapd.net)

#### **Forest Acres Police Department**

5205 Trenholm Road  
Columbia, SC 29206  
(803) 782-9444

#### **Department of Juvenile Justice**

4900 Broad River Road  
Columbia, SC 29212  
(803) 896-9749  
[www.state.sc.us/djj](http://www.state.sc.us/djj)

### **LEGAL SERVICES:**

#### **Juvenile Arbitration Program**

205 E. Main Street  
Lexington, SC 29072  
(803) 785-8335  
[www.lex-co.com](http://www.lex-co.com)

#### **Youth Arbitration Program**

5626 Two Notch Road  
Columbia, SC 29223  
(803) 736-0429

#### **Palmetto Legal Services**

426 South Lake Drive  
Lexington, SC 29072  
(803) 359-4154

#### **SC Legal Services**

General information and referrals  
(803) 799-9668

#### **Urban League**

Non-Profit Community Resource designed to empower communities.  
(803) 799-8150

## SUBSTANCE ABUSE SUPPORT & TREATMENT

### **LRADAC**

*Lexington*

1068 South Lake Drive  
Lexington, SC 29073  
(803) 726-9400

*Richland*

2711 Colonial Drive  
Columbia, SC 29203  
(803) 726-9300

[www.lradac.org](http://www.lradac.org)

LRADAC offers a wide array of prevention, intervention and treatment programs including:

- Individual and group counseling for adults and adolescents
- Gender-specific programs to meet the needs of women and men
- Services for individuals with co-occurring issues of mental health, substance abuse and addiction
- Gambling addiction programs
- Education/treatment programs for individuals convicted of DUI
- Prevention programs to meet the needs of the community

### **U Turn For Christ**

1154 Barr Road  
Lexington, SC 29072  
(803) 951-2197  
[www.ccllexington.org](http://www.ccllexington.org)

Lexington dedicated to freeing men and women from the bondage of drugs and alcohol through the power of Jesus Christ our Lord." - U Turn For Christ

### **SC Recovering Professionals Program**

440 Knox Abbot Drive  
Suite 220  
Cayce, SC 29033  
(803) 836-5700  
[www.scrpp.org](http://www.scrpp.org)

A confidential referral and monitoring program for health care professionals who are experiencing problems related to alcohol and/or other drug misuse or dependence, or from dual diagnosis of addiction and mental illness. Volunteers to the program will remain anonymous to their board.

### **Celebrate Recovery**

First Baptist Church of Lexington  
415 Barr Road  
Lexington, SC 29072  
(803) 957-0686  
[www.fblex.org](http://www.fblex.org)

A 12-Step Christian centered recovery program for any of life's "hurts, habits and hang-ups," not just alcohol or drug related problems. Celebrate Recovery welcomes anyone regardless of religion.

"Outreach ministry of Calvary Chapel

## COMMUNITY COALITIONS/STUDENT RESOURCES

### **Lexington One Community Coalition (LOCC)**

1608 South Lake Drive  
Lexington, SC 29072  
(803) 726-9347  
[www.locc.info](http://www.locc.info)

A partnership among parents, teachers, businesses, churches, law enforcement, civic groups and students to reduce underage drinking and other high-risk behaviors among young people.

### **Rise Above It: Lexington Two Community Coalition**

P.O. Box 50597  
Columbia, SC 29250  
(803) 726-9423  
[www.riseaboveitlexington.org](http://www.riseaboveitlexington.org)

The mission of Rise Above It Lexington Two Community Coalition is to collaborate with all community sectors to develop local solutions that will improve the quality of life and create safer, drug free communities.

### **Richland One Community Coalition (ROCC)**

Lyon St. Student Services  
1310 Lyon Street  
Columbia, SC 29201  
(803) 231-6909  
[www.richlandonecc.org](http://www.richlandonecc.org)

ROCC is a diverse, interagency, inter-fair, education and community coalition that mobilizes the community to ad-

dress the underlying conditions of substance abuse and other high risk behaviors among youth through community awareness, concern and action.

### **The Project CARE: Richland Two Community Coalition**

6831 Brookfield Road  
Columbia, SC 29206  
(803) 738-3339  
[www.theprojectcarecoalition.org](http://www.theprojectcarecoalition.org)

The Project CARE Coalition seeks to create conditions that empower families, schools, and communities to reduce substance abuse and other high risk behavior.


### **Carolina Community Coalition**

Russel House  
Columbia, SC 29208  
(803) 777-3933  
[www.sc.sc.edu/coalition](http://www.sc.sc.edu/coalition)



## ADDITIONAL RESOURCES

Al-Anon Family Group	(803) 735-9944
Alcoholics Anonymous (AA)	(803) 254-5301
Alston Wilkes Society	(844) 297-1962
Child Abuse & Neglect Reporting Hotline	(803) 735-7222
Narcotics Anonymous (NA)	(803) 254-6262
Oliver Gospel Mission	(803) 254-6470
Greater Columbia Literacy Council	(803) 765-2555
Planned Parenthood	(803) 256-4908
Salvation Army	(803) 765-0260
Poison Control Center	(803) 777-1117
Lexington County Library	(803) 785-2600
Richland County Library	(803) 799-9084
Medicaid Transportation	(866) 431-9635
Non-Medicaid Transportation	(800) 999-9083



WE are here  
to help!

## Did You Know?

Repeated drug use can reset the brain's pleasure meter, so that without the drug, you feel hopeless and sad. Eventually, everyday fun stuff like spending time with family and friends, doesn't make you happy any more. - National Institute on Drug Abuse

*El consumo repetido de drogas puede recalibrar el centro de placer del cerebro, de modo que sin la droga pierdes la esperanza y la alegría. Con el tiempo, las cosas divertidas de todos los días, como pasar tiempo con amigos y familia, ya no te hacen feliz.*

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Mixing pills with other drugs or with alcohol really increases your risk of death from accidental overdose. - National Institute on Drug Abuse

*Mezclar pastillas con otras drogas o con alcohol realmente aumenta el riesgo de muerte por sobredosis accidental.*

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E-cigarettes contain nicotine – the addictive drug in tobacco cigarettes – and other chemicals that may be harmful. More teens use e-cigarettes than tobacco cigarettes. - U.S. Department of Health and Human Services

*Los cigarrillos electrónicos contienen nicotina—la droga adictiva en los cigarrillos de tabaco—y otros químicos que pueden ser dañinos. Más adolescents usan cigarrillos electrónicos que cigarrillos de tabaco.*

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Drinking and driving can add up to tragic endings. In the U.S., about 4,300 people under age 21 die each year from injuries cause by underage drinking, more than 35 percent in car crashes. - Centers for Disease Control and Prevention. Alcohol related Disease Impact (ARDI) application, 2013.

*Beber y conducir puede terminar en forma trágica. En los EE. UU., cerca de 4,300 menores de 21 años mueren cada año por lesiones causadas por el consume de alcohol, más del 35% en accidentes automovilísticos.*

# TIPS for Parents:

## KEEPING YOUR CHILDREN HEALTHY AND SAFE

- Get involved in your teen's lives. Know what your children are doing— their activities and how they spend their time.
  - Always know where your child is when he or she is away from home.
  - Ask your teen to check in with you regularly.
  - Know who your teens friends are.
  - Get to know the parents of your teen's friends.
  - Set limits with clear rules and consequences for breaking them.
  - Praise and reward good behavior.
- 
- Involúcrese en la vida de sus hijos. Sepa lo que hacen sus hijos: sus actividades y cómo pasan su tiempo.
  - Siempre manténgase al tanto de donde se encuentran sus hijos cuando están fuera del hogar.
  - Pídale a sus hijos que lo mantengan informado regularmente cuando salen.
  - Conozca quienes son sus amigos.
  - Establezca límites con reglas claras y consecuencia si son quebrantadas.



## **CONTACT US**

Community Resource Center

(803) 726-9366

2711 Colonial Drive  
Columbia, SC 29203

1068 S Lake Drive  
Lexington, SC 29073

The Community Resource Center (CRC) is a lending library offering alcohol, tobacco and other drug information, resources on parenting techniques, skills for building self-esteem, positive peer pressure, and other community prevention issues.